



October 12, 2020

Dear School Community,

We ask you to take these steps to continue to be aware of your child's health:

Continue to check your child for COVID-19 symptoms daily: fever or chills, new uncontrolled cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting, diarrhea, abdominal pain, new onset of severe headache, especially with fever.

- The Ohio Department of Health requires when anyone in your household develops the above symptoms and/or tests positive for COVID-19, that everyone within the household should immediately isolate. Within 24 hours a call must be placed to Cuyahoga County Board of Health, phone number 216-201-2000.
- It is also required that you contact our school nurse, phone number 216-486-8866_ as well as your medical providers. If your medical provider has ordered a Covid19 test please notify our school nurse. She is responsible for contact tracing.
- If NO symptoms develop and you have not been instructed otherwise to quarantine for a different exposure, your child may continue to attend school.

Thank you for helping to keep people safe and to slow the spread of COVID-19 in our community and school.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634) or visit [coronavirus.ohio.gov](https://www.cdc.gov/coronavirus). Resources from the CDC include:

- <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/symptom-screening.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/Daily-Home-Screening-for-Students-Checklist-ACTIVE-rev5A.pdf>

Your mental health is just as important as your physical health. If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available 24 hours a day, seven days a week. Call the COVID-19 CareLine at 1-800-720-9616.

Sincerely, Anne Spisak, RN